

Lisa King (Full) Bio

With her versatile expertise and passion in martial arts, healthcare and executive protection, Lisa King is a modern-day Renaissance woman.

Known by the Martial Arts community as "The Black Widow", Lisa King is a former World-Class Champion full contact Muay Thai fighter. King has received numerous accolades in martial arts throughout the years including being named Black Belt Magazine's 2007 Woman of the Year. King was enshrined in the Black Belt Hall of Fame in 2007, the Masters Hall of Fame in 2009, the Martial Arts History Museum in 2014, and the USA Martial Arts Hall of Fame in 2015. Her love for martial arts has continued to grow over the past 20 years, as she has studied under the direction of three authentic Muay Thai Masters and has traveled to Thailand on multiple occasions to further advance her skills.

King has been featured on ESPN's I'd Do Anything, NBC's TODAY Show, the theatrical motion picture Ring Girls, Kingdom and Oxygen Network's 2006 TV-movie Fight Girls. Oxygen Network invited her back as a trainer and mentor to 10 aspiring female fighters for the second 8-week season of Fight Girls in 2007. Still an active Muay Thai and Women's Self-Defense instructor, you can also find her ring announcing, commentating and emceeing martial arts events throughout the world.

Her extensive martial arts skills paired with the professional charm and polish obtained as senior management in the healthcare industry had led Lisa to be actively sought out as an Executive Protection Agent. King holds certifications in tactical disciplines, firearms and surveillance resulting from experience in this field. She specializes in conducting advance work, security for female clients and families and assignments that require maximum discretion.

Lisa harnesses the power of her life's unique experiences to assist others in overcoming bullying and helps them achieve self-empowerment.